

Red Snapper

Source: FAO 71/57

Lutjanus spp



Product Line



400g ++ Various fillets
(Skin on, Boneless)

Nutritional Information

Servings	1
Serving Weight	100g (raw)
Calories	110
Protein	235 g
Fat, total	0 g
Saturated fatty acids, total	0 g
Carbohydrate	0 g
Sugars, total	0 g
Fiber, total dietary	0 g
Sodium	50 mg

<i>Country</i>	<i>Documents Required</i>
Indonesia Vietnam	Certificate of Origin Health Certificate Catch Certificate



Summary

This fish is caught under strict guidelines operated by the Indonesian and Vietnamese authorities

PRR Accepted Standard

Caught by trawl in FAO 57/71

Sustainability

Once a dreadfully overfished species, due to better management, it is really commencing since 2005. Stocks have now been rebuilt and are healthy. However, constant monitoring is needed due to the catch areas of this product.

