

Alaskan Pollock Source: Alaska

~ *Theragra chalcogramma*



Product Line



Fillets Skinless, Boneless bulk

10 kg cartons NET



Nuggets Skinless, Boneless bulk VP

10 kg cartons NET

Nutritional Information

Servings	1
Serving Weight	100g (raw)
Calories	81
Protein	17.18 g
Fat, total	0.8 g
Saturated fatty acids, total	0.164 g
Carbohydrate	0 g
Sugars, total	0 g
Fiber, total dietary	0 g
Cholesterol	71 mg
Selenium	21.9 mcg
Sodium	99 mg

Documentation Proof

Country	Documents Required
United States (FAO67)	Health Certificate Export Certificate from NOAA

Summary

This is a well-established and well managed fishery. It is an example of best practice as regards to sustainability.

PRR Accepted Standard

Caught by trawl by registered vessel in FAO67 (*Pacific North East*)

Sustainability

The Pollock fishery is well managed and policed. Recent assessments in 2013 have revealed good stocks and no overfishing. Levels are maintained through strong scientific process.

